

Mental Health Care



TOTAL
VETERAN
HEALTHCARE



Mental Health Care

Bespoke mental health care is a fundamental part of Veteran health. Service in the ADF can have a multifaceted impact on overall wellbeing. It can have a meaningful influence, and be further influenced by, other conditions and symptoms. Effective mental health care is an important part of a holistic, whole-of-patient approach, and involves multidisciplinary clinicians and therapies.

Total Veteran Healthcare champions a coordinated approach to providing multidisciplinary mental health care, incorporating various therapies and clinicians to create bespoke treatment plans, addressing service-related mental health issues, and those that arise as Veterans navigate civilian life.

Care plans can include traditional and innovative treatments within inpatient, day-patient, in-clinic, and in-home settings.

Complete Mental Health Services

We deliver GP, allied, and specialist services to create comprehensive treatment plans for a variety of mental health conditions, including treatment-resistant depression and PTSD. This includes access to state-of-the-art facilities via our provider partners where we can accommodate the most appropriate clinical response for **acute and treatment-resistant conditions**.

More than **Talk Therapy**



Not all therapies work for all people. Supported by traditional and first-line treatments and therapies, we also provide **escalation options** for Veterans experiencing chronic and treatment-resistant mental health conditions. These treatment options are offered where clinically appropriate, dependent on the guidance of your mental healthcare team.

Total Veteran Healthcare provides holistic, multidisciplinary mental health treatment plans that include scalable escalation pathways. Treatment therapies can include:

- » **Psychiatry**
- » **Transcranial Magnetic Stimulation**
- » **Psychology including EMDR**
- » **Inpatient Treatment**
- » **Day Programs**
- » **Diagnosis and Diagnostic Reports**
- » **Medication-Assisted Psychotherapy**
- » **Clinical Trials**

Enquire today to learn more about how Total Veteran Healthcare can support you on your Mental Health care journey.



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Trusted Service Partners



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