

Psychiatry Treatment and Assessment.

Psychiatry forms a vital part of our multidisciplinary teams approach to healthcare.

Empowering your patient journey, Total Veteran Healthcare have built a complete Psychiatry Service that **provides both assessment and treatment services, delivered in-person or via telehealth.**

Responsive Mental Health Support.

For many Veterans, mental health recovery is not straightforward. Conditions such as **post-traumatic stress disorder (PTSD), depression, anxiety, and substance use disorders** often fluctuate in intensity, and can persist despite standard treatment approaches.

This is why structured and responsive escalation healthcare is essential to ensure Veterans with complex or treatment-resistant mental health conditions receive **timely, targeted, and specialised care.**

Tailored Psychiatric Care



At Total Veteran Healthcare, escalation healthcare is embedded in every stage of patient support. Clinicians work collaboratively to identify early signs that a Veteran's condition may not be responding as desired.

Our multidisciplinary approach allows for seamless transition between care levels, whether that means introducing **medication management, inpatient treatment, day programs, or evidence-based advanced therapies** such as **TMS for treatment-resistant depression**.

With care tailored to your needs, our Psychiatry Service can deliver, and treat:

- » Assessment and diagnosis
(including DVA Claim support)
- » TMS
- » Esketamine
- » ADHD
- » PTSD
- » Anxiety
- » Major Depressive Disorder
- » Inpatient
- » Addictions



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