

### **Veteran General Practice**

Your GP is the centre of gravity throughout your healthcare journey, coordinating your access to Allied Health professionals and Specialists, both in-house and across our network. They understand your service history, your unique healthcare needs, and manage your complete healthcare plan with your entire treatment team.

All our GPs are experts in serviceaware healthcare, including the medical conditions and lifestyle factors that commonly impact Veterans. This includes elements of your unique service history, ADF culture, and your unique medical needs.

### Coordinated Veteran Care (CVC)

The Coordinated Veteran Care program was developed by the DVA for Gold Card holders and White Card Holders with accepted chronic mental health conditions. CVC plans are coordinated, proactive treatment plans that involve input from your GP, and can include other Allied Health and Specialist professionals, depending on your healthcare needs.

Total Veteran Healthcare can provide your CVC plan in person at our medical centre's, or conveniently in your home with our nation-wide in-home clinical team.

# Total Veteran Healthcare Services

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- » General Practitioner
- » Medication Prescription
- » Coordinated Veterans Care (CVC)
- » Complex Chronic Disease Management
- Allied:
- » Exercise Physiology
- » Physiotherapy
- » Psychology including EMDR
- » Podiatry

#### **Specialist:**

- » Pain Specialist including:
  - Pain specialist referrals and reviews
- » Psychiatry:
  - TMS
  - · Innovative treatments
  - · Diagnosis reports

- » Mental Health Care
- » Veteran Support Services
- » Minor Procedures
- » Medico-Legal Reports
- » Sleep Studies and CPAP
- » Dietetics
- » Chiropractic
- » Osteopathic
- » Clinical Trials
- » In-Patient Treatment:
  - Programs for eating and addiction disorders, mental health conditions & sleep conditions
- » DVA Claims support

### Health conditions coordinated through your GP, or via a CVC plan, can include:

- » Mental health conditions such as depression, anxiety, and post-traumatic stress disorder (PTSD)
- » Chronic diseases such as diabetes, heart disease, and chronic obstructive pulmonary disease (COPD)
- » Neurological conditions such as Parkinson's disease, multiple sclerosis, and stroke
- Complete onboarding form
- » Musculoskeletal conditions such as arthritis, back pain, and joint pain
- » Cancer and other life-limiting conditions.

Access truly coordinated healthcare through our service-aware GPs, in-house clinicians, and an extensive, Australia-wide network of Allied Health professionals and Specialists. Enquire today to learn more.