

Mental Health Care



TOTAL
VETERAN
HEALTHCARE



Mental Health Care

Mental Health is a fundamental part of Veteran healthcare. Service in the ADF can have a multifaceted impact on your overall wellbeing, and can influence, and be influenced by other conditions and symptoms. Effective mental health care is an important part of holistic healthcare, and involves multidisciplinary treatment solutions.

We bring a coordinated approach to mental health care that addresses service related mental health issues, and those arising from the complexities of navigating civilian life.

Care plans can include traditional and innovative treatments within inpatient, day-patient, in-clinic, and in-home settings.

Funding Support

We deliver GP, Allied, and Specialist services to accommodate the complex nature of the mental health conditions that impact Veterans. This also includes access to state-of-the-art facilities via our provider partners where we can accommodate the most appropriate clinical response for **acute and treatment-resistant conditions**.

More than **Talk Therapy**



Not all therapies work for all people. Supported by traditional and first-line treatments and therapies, we also provide **escalation options** for Veterans experiencing chronic and treatment-resistant mental health conditions. These treatment options are offered where clinically appropriate, dependent on the guidance of your mental healthcare team.

Total Veteran Healthcare provides innovative mental health treatment options in a scalable, and coordinated approach. Treatment therapies can include:

- » **Psychiatry**
- » **Transcranial Magnetic Stimulation**
- » **Psychology including EMDR**
- » **Inpatient Treatment**
- » **Day Programs**
- » **Diagnosis and Diagnostic Reports**
- » **Medication-Assisted Psychotherapy**
- » **Clinical Trials**

Enquire today to learn more about how Total Veteran Healthcare can support you on your Mental Health care journey.



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Trusted Service Partners



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