Esketamine Treatment





The Total Veteran Healthcare commitment to providing comprehensive, multidisciplinary healthcare solutions has led us to provide an innovative treatment for those **struggling with treatment-resistant depression.**

If you have tried two previous treatments for depression without success, our esketamine treatment provides an innovative treatment escalation option following TMS, where clinically appropriate.

This medication, administered as a nasal spray, has shown promising results in providing relief for those experiencing treatment-resistant depression. The nasal spray is a prescription medicine, and our team of experienced psychiatrists guide you through the treatment process with expertise and compassion.



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Esketamine nasal spray is derived from a well-known anaesthetic, and it functions differently from traditional antidepressants. While most antidepressants work by targeting serotonin, dopamine, and norepinephrine neurotransmitters, this nasal spray interacts with glutamate receptors in the brain. This unique mechanism of action helps to rapidly improve mood, with some patients experiencing relief within hours to days of treatment.

The initial treatment process typically consists of 13 sessions over 8 weeks, followed by maintenance as required. You may be asked to continue attending regular appointments to monitor your progress, and the frequency of treatments may be adjusted based on your individual needs and response.

Total Veteran Healthcare is committed to helping veterans overcome the challenges of depression and lead fulfilling lives. If you have not found relief through traditional depression treatments, we encourage you to explore the potential benefits of our Esketamine Treatment.



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Trusted Service Partner

